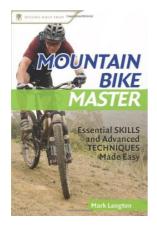
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MOUNTAIN BIKE MASTER: ESSENTIAL SKILLS AND ADVANCED TECHNIQUES MADE EASY



Menasha Ridge Press Inc., United States, 2008. Paperback. Book Condition: New. 224 x 150 mm. Language: English. Brand New Book. Ride faster, better, and stronger with professional mountain bike skills guide Mark Langton. Mountain Bike Master is a practical and inspiring guide that begins with the fundamental skills like shifting, braking, and climbing. Simple moves such as correcting seat-height adjustment and learning how to best-shift when engaging a steep ascent add tons of fun and efficiency to any ride....

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