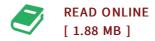


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By Roland Denzel, Galina Denzel

Fit Ink Publications, United States, 2013. Paperback. Book Condition: New. 198 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****. The REAL FOOD Reset - The Amazon Kindle Bestseller, now in paperback! ``All too often, our Standard American Diet leaves us overfed but undernourished; Roland and Galina Denzel have written a concise but powerful guide to improving your life with nature s most powerful medicine - Real Food. `- Wendy Welch, MD` You need to read this new book because: you are tired of being overweight you are fed up with cravings you are done letting food rule your life you need to get healthy NOW! `Our energy levels are through the roof, no more crashing in the afternoon, I have lost 12 pounds, our sleep has improved, we are able to be more active and have noticed we don t have to eat as much during the day. We plan to continue this after the 30 day challenge! `- Rosie and Sean, 30 years old We launched our 30 Days of Real Food program on our website in January, and testimonials started coming in within a week - pain gone, energy returning, skin clearing, digestion...



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