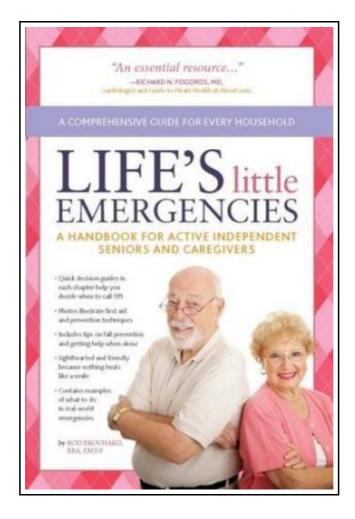
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Reviews

A really awesome book with lucid and perfect information. Of course, it is actually play, nonetheless an amazing and interesting literature. You are going to like just how the article writer create this ebook.

(Nakia Toy Jr.)

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Demos Health. Paperback. Book Condition: New. Paperback. 230 pages. Dimensions: 8.9in. x 6.0in. x 0.6in. This is the first aid book youll want to read from cover to cover. Written in plain English with a touch of humor Lifes Little Emergencies is a comprehensive medical crisis handbook for active independent seniors and caregivers alike. Lifes Little Emergencies is written by a paramedic rather than a doctor. It provides real world tips on responding to unforeseen medical emergencies using modern techniques. This isnt a book for backpacking in the Himalayas; its for taking care of yourself with todays tools and incorporates 911 and emergency medical services. The first aid section of the book covers techniques for conditions common to senior citizens: skin tears, fractures, and dehydration to name just a few. It also discusses life-saving techniques like CPR, bleeding control and the Heimlich Maneuver for all ages, not just seniors. More than just a first aid book, it includes tips to be prepared for all types of emergencies, from personal illness or injury all the way up to major disasters. Lifes Little Emergencies has advice on when to reach out for help and how to take care of oneself. Full of practical, clear, and easy-to-understand advice, this book prepares any household with older members for any medical emergency. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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